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Volume 1, Issue 2

June 11, 2009

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MarathonMasters Relay

Welcome!

Welcome to the second edition to the MarathonMasters Relay. What a phenomenal quarter we've had! Even our newest members are making great strides. We have less than three weeks remaining this club year, so let's all rally together and finish it out at the head of the pack!

GO TEAM!

Recognitions

Here's the latest MarathonMasters progress report:

- Mary Bartnik: 2 Speeches in CC
- Martha DeMond: **DTM**, Club Coach
- Helen Gebre-Amlak: CC, AL-Bronze
- Kelly Gray: 2 Speeches in CC
- Brent Hoskins: 9 Speeches in CC
- Greg Justice: 4 Speeches in CC
- John Kelly: 8 Speeches in CC
- Amy Kidwell: CC, AL-Bronze, and Coach
- Christopher Lalik: AC-Bronze, AL-Bronze
- Dixie Larson: 3 Speeches in CC
- Eldon Miller: AC-Gold, AL-Bronze, Club Coach, Area 75 Governor
- Michael Mitchell: AC-Gold, second CC, pending CL
- Mary Richardson: 4 Speeches in CC
- David Robaska: CC
- Rose Sanders-Likes: CC, AL-Bronze
- Jim Stoutenborough: 2 Speech in CC
- John Wald: 4 Speeches in CC
- Cheri Willard: 9 speeches in CC
- James Williams: AC-Bronze, CL



MarathonMasters

**CURRENT
OFFICERS**

President

Helen Gebre-Amlak

VP Education

James Williams

VP Membership

Martha De Mond

VP Public Relations

Cheri Willard

Secretary

Rose Sanders-Likes

Treasurer

Rose Sanders-Likes

Sergeant of Arms

John Kelly



Distinguished Club Update

MarathonMasters has already achieved Select Distinguished Club status, which required achieving 7 out of 10 points. The club is shooting to end the TI fiscal year with at least 9 of 10 points, which would entitle us to President's Distinguished Club status. MarathonMasters is also going the extra mile to obtain an additional CC by June 30, which helps our current Area 75 (soon to be Area 74) to achieve Select Distinguished Area status.

GO TEAM!

Goals required to obtain Distinguished Club status

1. 2 CC's
2. 2 more CC's
3. 1 AC-B, S or G
4. 1 more AC-B, S or G
5. 1 CL, AL or DTM
6. 1 more CL, AL or DTM
7. 4 new members
8. 4 more new members
9. 4 or more club officers trained during each of two training periods.
- 10.1 semi-annual membership report, plus 1 club officer list submitted in a timely manner.

New Officers

Congratulations

to the incoming

Area 74 Governor – Helen Gebre-Amlak

and

MarathonMasters Officers

- **President – Cheri Willard**
- **VP Education – James Williams**
- **VP Membership – Martha De Mond**
- **VP Public Relations – Mary Bartnik**
- **Secretary / Treasurer – Rose Sanders-Likes**
- **Sergeant at Arms – Jim Stoutenborough**
- **Immediate Past Governor – Eldon Miller**
- **Immediate Past President – Helen Gebre-Amlak**



WHO?

WHO ARE WE?

MarathonMasters is a [Toastmasters](#) club dedicated to helping its members become better speakers and leaders.

With the skills learned from membership in the club, members are better able to:

**Negotiate salary increases and win promotions at their jobs;*

**Explain new concepts more easily and successfully to others;*

**Fill those roles that require speaking ability, such as giving a toast or a "Best Man's" speech at a wedding;*

**Present material with increased confidence in meetings at their jobs;*

**Move up the employment ladder into higher-level leadership positions;*

**Improve interviewing skills.*



Parting Words from the President



My Fellow MarathonMasters,

I joined Toastmasters in 2002 and completed my ATM (CC) and CL in 2003. I could write a whole book just describing the powerful and positive impacts that Toastmasters International has had on my life.

Congratulations to all the new officers that were elected on May 28th. I have enjoyed serving MarathonMasters as the President over the last 6 months. I have learned so much in the short time that I served in this office.

I am very glad the new officers' term is a full year because it takes few weeks to become adjusted to the new officer role. By having the whole year to serve, it will give the new officers the opportunity to really learn their role and to make a major difference.

Congratulations to the MarathonMasters team for achieving Select Distinguished Club status. It is the team's hard work and dedication that is now taking MarathonMasters to the all time high, President's Distinguished Club. It has been a great privilege and honor serving you as the President, and especially as we traveled the road toward achieving this record-high recognition.

Now, I pass the torch to the new President-Elect, Cheri Willard, while I continue to support the club as your new Area 74 Governor-Elect. Remember the words of our District 22 Governor-Elect, Annette Rude, "UNLEASH YOUR POSSIBILITIES!"

GO TEAM!

Helen Gebre-Amlak
*Immediate Past President;
 Area 74 Governor-Elect*

Recent Happenings



Weekly Meeting Schedule

All meetings are
12:00 noon to 1:00 pm
Webster University
1200 E. 104th Street
Room 225
KC, MO 64131

June 11, 2009
Theme: Speech Day

June 18, 2009
Theme: Names

June 25, 2009
Theme: Yearnings

July 2, 2009
Theme: **Fireworks**

July 9, 2009
Theme: Surprises

July 16, 2009
Theme: Superheroes

July 23, 2009
Theme: **Nature**

July 30, 2009
Theme: Inventions



POSTCARD CONTEST



Congratulations to **Dixie Larson**, the winner of our Postcard Contest! Voting was held by secret ballot on March 5th. Although there were eight creative entries, Dixie took the gold.

As you can see by the winning images, above and below, Dixie's postcard appeals to overcoming the fear of speaking. You can see her winning entry, and all other entries, on our club website: www.marathonmasters.org



Spring Area Contest

MarathonMasters sent two of its finest members to the Area 75 International Speech and Table Topics contest at YRC on March 21st.

Congratulations

to

James Williams and **Jim Stoutenborough**

who won first and second prize, respectively, in the Table Topics contest!





Special Guests and Visitors

What a special meeting it was! **Martha De Mond**, VP of Membership and Club Coach, brought her mother, **Cora B. Fitch**, and her Aunt, **Erma Fitch-Holmberg**, from upstate New York to a MarathonMasters club meeting early this spring. Additionally, **Berny Baker**, her mother-in-law, was also a special guest that day.

Cora transferred her membership from Downtown Club 99 to the MarathonMasters Club because she wants to be supportive of our club, and because she loves getting the “Toastmaster” magazine each month. Of course, once Aunt Erma heard the news and discovered how great the articles are, she also jumped at the opportunity to join MarathonMasters and become a new Toastmasters International member.

Aunt Erma is 87 years old, and it is believed that she is the oldest person in District 22 to become a first time member. In fact, she just might be the oldest new member in Toastmasters International...? (We’ll get back to you on that)....

Also, Cora is 89 years old and she has been a member since April 2006. Way to go, Cora! Word on the street is that both Cora and Erma will need lots of encouragement to give their icebreakers. Let’s all give these girls a big round of applause for their courage and attitude! We wish them many fun and interesting meetings.



Martha (center) and Guests

Marathon Masters has had other great visitors this year. For example, **Paul McDonald**, of the great “Yes We Can Toast” Toastmasters Club, provided us with an excellent presentation in Statistics earlier this last spring. Paul is a dynamic speaker, and we were happy that he chose MarathonMasters for his venue. Thank you, Paul...please visit whenever you can!

Words from the Wise



If I am to speak ten minutes, I need a week for preparation; if fifteen minutes, three days; if half an hour, two days; if an hour, I'm ready now.

-Woodrow Wilson



Nothing is so simple that it cannot be misunderstood."

-Freeman Teague Jr



When people talk, listen completely. Most people never listen.

-Ernest Hemingway



Don't knock the weather; nine-tenths of the people couldn't start a conversation if it didn't change once in a while.

-Kin Hubbard



Be sincere; be brief; be seated.

-Franklin D. Roosevelt



Spring Conference

This year's District 22 Spring Conference was held at the Kansas City Airport Hilton Hotel on April 17th and 18th. There were three members MarathonMasters in attendance, **Eldon Miller**, Area Governor 75 and Immediate Past-President for our club, **Helen Gebre-Amlak**, Club President Area 74 Governor-Elect, and **Martha De Mond**, Club VP of Membership and Club Coach. All three had the opportunity to meet Jana Barnhart, the Toastmasters International President.

MarathonMasters had several great happenings at the conference. Our current President, Helen Gebre-Amlak, was sworn in as the new Area 74 Governor. Because Helen was from our club, we were awarded a very nice ribbon for our banner, as well as several other gifts.

Also, our own Martha De Mond was awarded her DTM, the highest Toastmaster honor bestowed, in a private ceremony with TI President, Jana Barnhart. You can view a lovely photograph of this occasion on the last page of this newsletter.

Speech Days

So, what is the goal of a Toastmaster's club? Uh... actually...it's learning public speaking, you know? OK, so then, how do you learn THAT? Ahhh...well, it's giving lots of speeches...practice, practice, practice...AND...working on those things, like, you know, crutch words.

This month, MarathonMasters is going for the big win...President's Distinguished Club status. To facilitate this monumental achievement, our club has officially scheduled the month of June as Speech month. That is, every meeting in June will be a Speech Day, with as many speeches as possible scheduled for each meeting.

A big "**Thank You**" goes out to all our members for making this happen, and especially to **Rose Sanders-Likes**, Secretary / Treasurer, for continuously and punctually meeting our administrative requirements.

GO TEAM!

Definition:

Communication:

Noun

Date: 14th Century

1: An act or instance of transmitting;

2a: Information communicated;

b: A verbal or written message

3a. A process by which information is exchanged between individuals through the use of signs, symbols, or behavior;

b: personal report

4a: A system for communicating;

b: a system of moving routes for troops, supplies and vehicles;

c: personnel engaged in communicating;

5a: A technique for expressing ideas effectively (as in speech);

b: the technology of the transmission of information



MarathonMasters wants

YOU!

Join us!



Upcoming Events

OFFICER TRAINING



Toastmasters Leadership Institute (TLI) Officer training is coming up for all 2009-2010 officers. This training will be held at Shawnee Mission North High School on June 20. Here are the details and the agenda:

Saturday, June 20, Mission, Kansas

Shawnee Mission North High School, 7401 Johnson Drive

8:30 am Registration begins

9:00 am General session, club team and the following breakout sessions:

- Breakout sessions for 7 club officer positions
- Effective Evaluations
- How to Give an Effective Table Topic
- Managing Your Club's Website
- Charting a Course for Club Success
- Motivating Achievement
- Toastmasters International Resources
- 12:00 Lunch & Learn (\$7 at the door) "Leading by the Book: The CL Manual"

12:45 Conducting Quality Speech Contests

12:45 Exploring the Leadership Excellence Series

1:30 Judges training

Can't make it to this one? No worries; you have other options. Please follow this link for other locations and more information:

http://toastmasters22.org/pdf_files/latest_TLI.pdf

NOTE: One make-up training is scheduled for Monday, June 29th at Pleasant Valley Baptist Church.

REMEMBER: We need **SEVEN** members to attend this training!

GO TEAM!

Featured Member

MarathonMasters Relay STAFF

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Featured Member

Martha De Mond



Club Contact Info

Eldon Miller

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Martha De Mond

(913) 707-0327



Club Websites

www.marathonmasters.org

www.toastmasters.org



Club Location

Webster University

RM 225

I-435 and Holmes

MARTHA DE MOND VP of Membership



I joined Toastmasters 11 years ago. I only gave one speech the first three years of my membership because I started graduate school. I gave my next speech after graduating from KU with a Masters in Social Work.

I am retired now, and my fun time is spent in Toastmasters. I have filled many roles, including Club President, VP of Education, VP of Membership, and Secretary (at Downtown Club 99). I have also served as the Area Governor for two years. This coming TI year, I am looking forward to serving as an Assistant S Division Governor for the District, and to working with Toastmaster Speech Contests TLC.

Currently, I am serving as VP of Membership for MarathonMasters, and I am one of two coaches that have helped this club and its members obtain President's Distinguished status this year. I was also a Sales Coordinator for the store items, and was responsible for the manuals, educational materials, and lots of fun stuff for District 22.

I love the integrity of Toastmasters, the many friends I have made, and the great times that I have had as a member. The rewards and benefits have been countless to me.

Congratulations

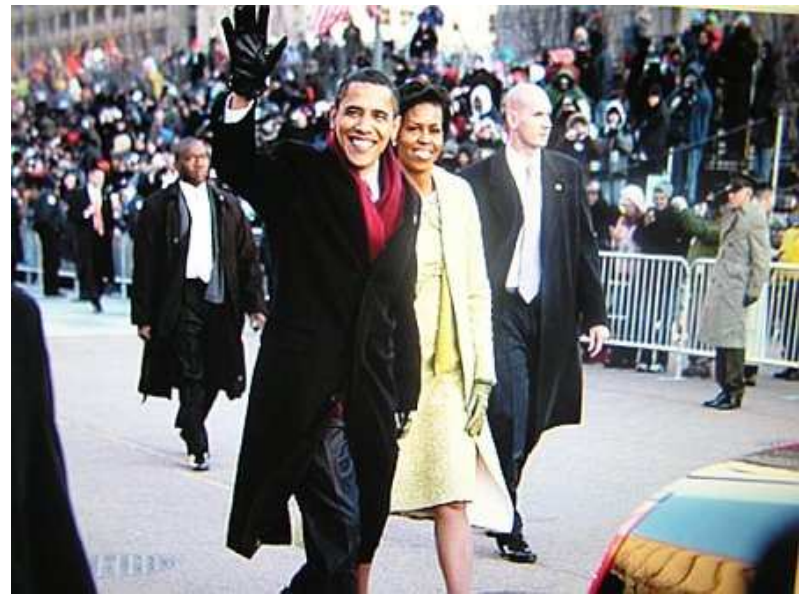
to

Martha De Mond

for the following **Educational Achievements** this year:

- **CC:** Marathon Masters 7703
- **CL:** Downtown Club 99
- **ALB:** Downtown Club 99
- **ALS:** Marathon Masters 7703
- **ACG:** Marathon Masters 7703
- High Performance Leadership
- Club Coach: Marathon Masters 7703 President's Distinguished Club
- **DTM:** Downtown Club 99

Martha Makes History



Michelle Obama smiles at Martha



Hey kids, when you grow up, you, too, can join MarathonMasters!



Jana Barnhart, President of TI, presents Martha with her DTM at the Spring Conference